

School Name _____ Grades _____

Date _____

SCHOOL VISIT QUESTIONNAIRE

VENDING

1. Are there vending machines located in the school (include cafeteria)? Yes No

2. If yes, complete the chart below.

<u>Product</u>	<u>Cost</u>	<u>#Machines</u>	<u>Location</u>	<u>On/Off (Time)</u>

3. Who receives the funds from the vending machine(s)?

4. Is there space for milk vending machines? Yes No

5. If yes, note locations. _____

6. Is the cafeteria accessible to students at times other than meal times? Yes No

7. If yes, what hours are the vending machines accessible (include before and after school if available). _____

NUTRITION POLICY

8. Does the school have a nutrition policy? Yes No

9. If yes, can we obtain a copy? (attach)

SCHOOL STORES/FUND RAISERS

10. Do they have a school store? Yes No

11. If yes, what food items are available and for what selling price?

<u>Food Item</u>	<u>Cost</u>

12. Who receives the funds from the school store? _____

13. What items have been sold for fund raising during the last 2 years? What was the charge Who received the funds?

<u>Item sold</u>	<u>Cost</u>	<u>Organization</u>

CLASSROOM

14. Is nutrition education taught in the classroom? Yes No

15. If yes, what grade levels and as part of which subject?

16. Are there specific rules regarding snacks and beverages in the classroom? Yes No

17. Does the school provide a list/recommendations of acceptable snacks and beverages? Yes No

18. If yes, can we obtain a copy of the rules/recommendations list? Yes No

CAFETERIA/MEAL SERVICE

19. What is the enrollment at the school? _____

20. Is the school an open or closed campus? Open Closed

21. Does the school participate in the School Breakfast Program? Yes No

21a. If yes, what is their Average Daily Participation at breakfast? _____

22. Do they have an alternative breakfast service? Yes No

22a. If yes, note what type of alternate service _____

23. Do they participate in the National School Lunch Program? Yes No

23a. If yes, what is their Average Daily Participation at lunch? _____

24. How many serving periods do they have for lunch? _____

25. How long are each of the serving periods for lunch? _____

26. What times are the serving periods for lunch? _____

27. Do they have a federally funded After-school Snack Program? Yes No

28. If yes, what snacks are provided? List food items for one week.

29. What is the average participation in the After-school Snack Program? _____

30. Do they have an after school program? Yes No

31. If yes, do they serve snacks? Yes No

32. If yes, what snacks are provided? List food items for one week.

MENUS

33. Does the school foodservice publish menus? Yes No

33a. If yes, how are they accessible? Printed copy At the website

33b. Where and how is it distributed? In the cafeteria Sent home w/student

34. Do the menus include nutrition education information? Yes No

A LA CARTE

41. Is there a separate a la carte line? Yes No

42. How many a la carte lines are available? _____

43. Is there a "milk" station at each serving line? Yes No

44. What items are available on the a la carte lines?

<u>Food Item</u>	<u>Cost</u>

45. How is the milk displayed on the a la carte line?

- Is it in a glass door merchandiser? Yes No
- Is it at eye level? Yes No
- Are there multiple rows of each milk product? Yes No
- Are there cartons being sold? Yes No
- Are there plastic resealable bottles being sold? Yes No
- What size are the bottles being sold? _____
- Is there any milk merchandising material visible? Yes No
- What other beverages are competing for space?

SCHOOL ENVIRONMENT

46. Do posters/notices posted in school promote a healthy school environment?

Yes No

47. If yes, do the posters/notices have messages that include messages about good nutrition and physical activity? Yes No

48. Are teachers allowed to have beverages ie. Soda, coffee in the classroom?

Yes No

49. Do teachers participate in physical activity with the students? Yes No

PHYSICAL ACTIVITY

50. Do instructional periods total 150 minutes per week (elementary) and 225 minutes per week (middle and secondary school)? Yes No

51. Is a qualified physical education specialist providing a developmentally appropriate program? Yes No

52. Is there adequate equipment and facilities? Yes No

53. Is there instruction offered in a variety of motor skills that are designed to enhance the physical, mental, and social/emotional development of every child? Yes No

54. Is fitness education and assessment available to help children understand, improve and/or maintain their physical well-being? Yes No

55. Is there development of cognitive concepts about motor skill and fitness? Yes No

56. Are there opportunities for students to improve their emerging social and cooperative skills and to gain a multi-cultural perspective? Yes No

56. Is there promotion of regular amounts of appropriate physical activity now and for a healthy lifelong habits? Yes No

57. Does instruction have the following:

- Full inclusion of all students? Yes No
- Maximum practice opportunities for class activities? Yes No
- Well-designed lessons that facilitate student learning? Yes No
- Out of school assignments that support learning and practice? Yes No
- No physical activity for punishment? Yes No
- Uses regular assessment to monitor and reinforce student learning? Yes No

SUMMARY/RECOMMENDATION

58. What areas did you identify that could be improved to create a healthier school environment?

Evaluation conducted by (indicate name and discipline):

COMMENTS: